## YOUNGSTERS MENU

Served from $12 p m-9 p m$

## ALL DISHES 11.95

# Three Cheese \& Leek Pie (v) ( 1540 kcal$)$ <br> Shortcrust pastry, cheese $\mathcal{E}$ chive sauce, thick-cut chips, mushy peas or beans. <br> Grilled 50 R Rump Steak (899 kcal) <br> Fries and cracked black pepper sauce. <br> Seafood Basket (861 kcal) <br> Fish goujons and scampi, served with fries, mushy or garden peas and tartare sauce. <br> Treacle Baked Ham ( 614 kcal ) <br> Thick-cut chips and two fried eggs. <br> Beetroot, Red Pepper \& Quinoa Burger (ve) (1347 kcal) <br> Fries and chipotle mayonnaise. <br> Spicy Fried Chicken (851 kcal) <br> Coriander, chilli $\mathcal{G}$ spring onion batter, dressed noodle salad with oriental dressing. <br> Hunters Grilled Chicken Burger ( 915 kcal ) Bacon, cheese and BBQ sauce, served with fries. 

# ABEL'S SUNDAY ROAST only 10.95 

All our Sunday roasts are served with traditional vegetables, roasties, homemade Yorkshire puds and real gravy.

Roast Beef ( 999 kcal - Half Roast Chicken ( 920 kcal • Roast Turkey ( 995 kcal )
Treacle Baked Ham ( 762 kcal • Squash \& Beetroot Wellington (ve) (997 kcal)

## CHILDREN'S MENU

Served from $12 p m-9 p m$

## TWO COURSES 10.50

## MAINS

Fish and Chips (818 kcal)
Fries and garden peas.
Crispy Chicken Strips (787 kcal)
Fries, garden peas or beans and ketchup.
Grilled 40 Beef Burger ( 939 kcal )
Served with fries and ketchup.
Sweet Potato \& Spinach Dhal (v) (542 kcal)
Wild rice and grilled flatbread.
Baked Meatballs in Tomato Sauce ( 693 kcal)
With linguine pasta.

DESSERTS
Strawberry, Rhubarb \& Gooseberry Crumble (v) (503 kcal)
Flapjack crumble topping, served with vanilla ice cream.
Chocolate Brownie Sundae (786 kcal)
Vanilla ice cream and chocolate sauce.
Banoffee Waffle (v) (579 kcal)
Sliced banana, toffee sauce and ice cream.

